



## Calling all Knitters!

Fancy knitting some little hats to help raise money for Age UK?

Every time a little Innocent Smoothie bottle wearing a hat is sold, 25p will be given to Age UK to help keep older people warm and well over winter.

The colder months can be tough for a lot of people – as many as 25,000 older people's lives are at risk because of the cold. Thanks to knitters like you, over £1.9m has been raised so far.

You can find knitting patterns [here](#), and a handy 'how to' video just [here](#)

Every hat is important, so even if you've only got time to knit one or two, we'd still massively appreciate it.

### Dundee Collection Point:

Please put all your hats in an envelope along with a note clearly stating:

- how many you've knitted
- the date
- your name and address

Then send them all through to Nicola at DVA, Number Ten, 10 Constitution Road, Dundee, DD5 4PG by **3rd July 2017**.

Patterns can be found online at:

<http://www.thebigknit.co.uk/knitting-patterns>

Alternatively contact Nicola on 01382 305745 or email on [nicolamitchell@dva.scot](mailto:nicolamitchell@dva.scot) who will send you out a few. Thanks



**1** Grab some wool, knitting needles and a comfy chair.



**2** Knit a little woolly hat or two.



**3** Send your hats to us and we'll pop them on our smoothies.



**4** For every bottle sold, we'll donate 25p to Age UK.

**5** All those little hats add up to blankets, hot water bottles and social gatherings to help keep older people warm and well.



**6** Together we make the world a better place and raise a smile like this.